



Transgender Programs
Specialized Medical Care
Emergency/Crisis Medical Care
Gay-Straight Alliances (Gender & Sexuality Alliances)
Selected Trans-Friendly Faith Communities
Advocacy, Education and Research Organizations

This document does not include psychiatric services and facilities, and/or individual practitioners in various disciplines, including social workers, psychotherapists, medical doctors, and psychiatrists. In carrying out their ministry responsibilities, Anglican clergy are strictly limited to providing pastoral care and appropriate referrals.

Rev. M. Rodrigues, Honorary Assistant
St. John's West Toronto Anglican Church
mrodrigues@sjwt.ca
www.sjwt.ca/trans

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Transgender Programs

The 519

The 519 is committed to the health, happiness and full participation of the LGBTQ2S community. Trans-related programs and services as of October 2021 include: Classes for Confidence, Bold Beauty; FTM, Transmasc & Non-binary Support Group; Friendly Check-In Over the Phone for Racialized and Trans Folk of Colour; Meal Trans; Senior Pride Network, Trans Conversation Cafe; Trans Youth Mentorship; Transition Support; Trans-People of Colour Project; Virtual Tax Clinic; Virtual Trans ID Clinic

519 Church Street, Toronto, ON M4Y 2C9 416-392-6878

Contacts: Jaymie Sampa, Manager of Programs; Barb Besharat, Manager, Meal Trans

www.the519.org/programs/category/trans-specific

Sherbourne Health

Sherbourne Health offers a wide range of supportive LGBT2SQ networks and groups. Select virtual groups as of October 2021 include Mature Trans Sisters; SOY groups for youth aged 14-29; Newcomers to Canada

333 Sherbourne Street, Toronto, ON M5A 2S5 416-324-4100

Carolina Berinstein, Program & Services Director, LGBT2SQ communities 647-730-3274

K. Dadui, SOY Youth Resource Worker 647-730-3312 or 416-324-4103

www.sherbourne.on.ca info@sherbourne.on.ca

Specialized Medical Care

Sherbourne Health Trans Health Care (above)

Sherbourne's focus on LGBT2SQ people has resulted in the Centre having a larger than average population of trans clients. Trans and non-binary health programs and resources include transition-related surgery planning and referrals; transition related care and acute respite care (ARC) program; urban health care services. 416-324-4100

Women's College Hospital: Transition-Related Surgeries

WCH has partnered with Sherbourne Health, Rainbow Health Ontario (RHO), and the Centre for Addiction and Mental Health (CAMH), along with a group of committed individuals from the community, to form the Trans Health Expansion Partnership (THEx). THEx supports the expansion of health services for trans individuals and communities across Ontario. Under the umbrella of THEx, the Transition Related Surgeries Subcommittee led by WCH is charged with the responsibility of creating an accessible and quality surgical program. The program represents the first public hospital-based surgical program in Canada focused on providing safe and timely access to transition-related surgical care.

76 Grenville Street, Toronto, ON M5S 1B2 416-323-6148

www.womenscollegehospital.ca transitionrelated_surgery@wchospital.ca

Hassle Free Clinic

Services to trans individuals include free sexual health, medical and counseling services through the Men/Trans, and Women/Trans clinics.

66 Gerard Street East, 2nd Floor, Toronto, ON M5B 1G3 416-922-0566

www.hasslefreeclinic.org email: admin@hasslefreeclinic.org

Emergency/Crisis Medical Care

Gerstein Crisis Centre

Crisis services include 24/7 telephone support in over 180 languages, in-person mobile crisis team, substance abuse crisis management, follow-up and access to short term crisis beds. All services are free and confidential. The crisis intervention line is **416-929-5200**.

www.gersteincentre.org

LGBT Youth Line

Youth Line is a toll-free Ontario-wide peer support phone line for 2SLGBTQ+ youth. It offers confidential and non-judgemental peer support through telephone, text and chat services. Get in touch with a peer support volunteer from Sunday to Friday, 4:00 PM to 9:30 PM.

1-800-268-9688 www.youthline.ca Text: 647-694-4275

Trans Lifeline Peer Support Hotline

A peer support service run by and for trans people, divested from the police, for trans and questioning callers, including those in crisis. It connects trans people to the community support and resources they need to survive and thrive. Operators are located all over Canada and the US.

1-877-330-6366 (Canada) or 1-877-565-8860 (US)

St. Joseph's Health Centre

30 The Queensway, Toronto, ON M6R 1B5

416-530-6000 www.unityhealth.to/st-josephs-healthcentre/

St. Michael's Hospital

30 Bond Street, Toronto, ON M5B 1W8

416-360-4000 www.unityhealth.to/locations/st--michaels-hospital/

Mt. Sinai Hospital

600 University Avenue, Toronto, ON M5G 1X5

416-596-4200; 416-586-5054 (emerg.) www.mountsinai.on.ca

Gay-Straight Alliances (Gender & Sexuality Alliances)

A Gay-Straight Alliance (GSA) is a student-initiated and student-run student club. GSAs provide a safe, supportive environment for lesbian, gay, bisexual, transgender, two-spirit, queer, questioning (LGBT2Q) and straight ally youth to meet and discuss sexual orientation and gender identity issues. Together they work to create a school environment free of discrimination, harassment, and intolerance. While each GSA is unique, there is never an expectation that students disclose their sexual or gender identity. In Ontario, every student has a right to a GSA in their school and school boards are required to support students in establishing GSAs. Not all high schools have a GSA as yet, although many already do. For more information, please contact your local school board. In Toronto, please contact the Toronto District School Board at www.tdsb.on.ca. 416-397-3000

Selected Trans-Friendly Faith Communities

As a result of COVID-19, faith communities are currently offering services on-line as well as on a limited on-site basis. Please contact each location for the details.

All Saints Church-Community Centre, Anglican

Open welcome; Monday-Friday Drop-Ins (women only on Fridays);
315 Dundas Street E, Toronto M5A 2A2 416-368-7768
www.allsaintstoronto.com admin@allsaintstoronto.com

All Saints Peterborough, Anglican

Open welcome; spiritual support; safe space
235 Rubidge Road, Peterborough, ON K9J 3N9
705-876-1501

Birchcliff Bluffs United Church

Dorothy's Place drop-in for LGBTQ+ older adults
33 East Road Scarborough, ON M1N 1Z9 416-694-4081
www.bbuc.ca dorothysplace4u@gmail.com

Church of the Epiphany and St. Mark, Parkdale, Anglican

Open welcome; spiritual support
201 Cowan Avenue, Toronto, ON M6K 2N7 416-535-8240
www.epiphanyandstmark.ca epiphanyandstmark@gmail.com

Holy Trinity, Trinity Square, Anglican

Open welcome; spiritual support
10 Trinity Square, Toronto, ON M5G 1B1 416-598-4521
www.holytrinitytoronto.org

Incarnation, Anglican

Open welcome; spiritual support
15 Clairtrell Road, Toronto, ON M2N 5J7
416-221-7516
office@incarnationtoronto.ca
www.incarnationtoronto.ca

Metropolitan Community Church in Toronto

A vibrant, inclusive and progressive spiritual community and a renowned human rights centre offering an open welcome and spiritual support
115 Simpson Avenue, Toronto, ON M4K 1A1
416-406-MCCT (6228) www.mcctoronto.com

Parroquia San Esteban, Anglican

Open welcome; spiritual support; worship service in Spanish. 10 Trinity Square, Toronto, ON M5G 1B1 647-938-1684 (Reopening early in 2022)
www.sanestebanonline.com iglesiastesteban@hotmail.com
Trans-Esteban Group Drop-In:
6 Trinity Square, Toronto, ON
www.trans-anglican.blogspot.ca 647-938-1684

Redeemer, Bloor Street, Anglican

Open welcome; spiritual support; gender inclusiveness
162 Bloor Street West, Toronto, ON M5S 1M4
416-922-4948 www.theredeemer.ca

Roncesvalles United Church

Open welcome; spiritual support; gender inclusiveness; community outreach
214 Wright Ave., Toronto, ON M6R 1L3 416-536-1755
roncesvallesuc@gmail.com www.roncesvallesuc.com

St. Aidan, Anglican

Open welcome; spiritual support
70 Silver Birch Avenue, Toronto ON M4E 3K9
416-691-2222
www.staidansinthebeach.com
office@staidansinthebeach.com

St. James Cathedral, Anglican

Open welcome; spiritual support; community outreach programs
65 Church Street, Toronto, ON M5C 2E9 416-364-7865
www.stjamescathedral.ca info@stjamescathedral.ca

St. James the Apostle, Sharon

“We Are A Safe Place” ministry to LGBTQ youth and friends
18794 Leslie Street, Sharon, ON L0G 1V0 905-478-1959
stjames1959@gmail.com www.stjamessharon.com

St. John’s West Toronto, Anglican

Open welcome; spiritual support
288 Humberside Avenue, Toronto, ON M6P 1L5 416-763-2393
www.sjwt.ca pastor@sjwt.ca youth@sjwt.ca

St. Matthias, Bellwoods, Anglican

Open welcome; spiritual support
45 Bellwoods Avenue Toronto M6J 3N4 416-603-6702
Email: saint.matthias@sympatico.ca
www.facebook.com/StMatthiasBellwoods

St. Peter and St. Simon the Apostle, Anglican

Open welcome; spiritual support
525 Bloor Street E., Toronto, ON M4W 1J1 416-923-8714
www.stpeterstsimon.ca office@stpeterstsimon.ca

St Stephen-in-the-Fields, Anglican

Open welcome; spiritual support; gender inclusiveness
Inclusive Safe Space Drop-In Fridays 8 p.m. to midnight;
Inclusive weekend breakfast programs
103 Bellevue Ave Toronto, ON M5T 2N8 416-921-6350
www.saintstephens.ca ststepheninthefields@gmail.com

Transfiguration, Anglican

Open welcome, spiritual support
111 Manor Road East, Toronto M4S 1R4 416-489-7798
office@churchofthetransfiguration.ca
www.churchofthetransfiguration.ca/

Trinity-St. Paul’s United Church

(also known as Trinity St. Paul’s Centre for Faith, Justice and the Arts)

Open welcome; spiritual support; gender inclusiveness; community outreach
427 Bloor Street West, Toronto, ON M5S 1X7 416-922-8435
www.trinitystpauls.ca

Advocacy, Education & Research Organizations

The ArQuives (formerly Canadian Lesbian and Gay Archives)

The ArQuives is the largest independent LGBTQ2+ Archives in the world. Its mandate is to: Acquire, preserve, organize and give public access to information and materials in any medium, by and about LGBTQ2+ people, primarily produced in, or concerning Canada, including a collection of queer and trans periodicals.

Street address: 34 Isabella Street, Toronto, ON M4Y 1N1 416-777-2755

www.arquives.ca queeries@arquives.ca

Egale Canada

Egale works to improve the lives of 2SLGBTQI people in Canada and to enhance the global response to 2SLGBTQI issues. Egale will achieve this by informing public policy; inspiring cultural change; and promoting human rights and inclusion through research, education, awareness and legal advocacy.

120 Carlton Street, Toronto, ON M5A 4K2 416-964-7887; 1-888-204-7777

www.egale.ca

Egale Youth Services: Friends of Ruby Drop-In Youth Centre

Provides affirming, supportive, appropriate mental health care to 2SLGBTQI youth 16 to 29. Services include individual counselling; suicide prevention, intervention, and post-vention care; same-day crisis counselling; homelessness and housing supports; drop-in space up to age 29, providing meals and basic necessities.

489 Queen Street East Toronto, ON M5A 1V1.

416-359-0237

info@egaleyouthservices.ca www.egale.ca/youthservices/

Glad Day Bookshop

Serving the queer community since 1970, Glad Day is now the oldest LGBTQ bookstore in the world. It specializes in offering the widest possible selection of lesbian, gay, bisexual and trans literature, both in and out of print, as well as DVDs, magazines and novelties. It has a coffee shop, event space and a fair trade restaurant and bar, and is a neighbourhood meeting place.

499 Church Street, Toronto, ON M4Y 2C6 416-901-6600

www.gladdaybookshop.com

Pflag

Pflag Canada is proud to be Canada's only national organization that offers peer-to-peer support striving to help all Canadians with issues of sexual orientation, gender identity and gender expression. They support, educate and provide resources to anyone with questions or concerns. They promise to offer local, practical and emotional peer-to-peer family support for individuals and their loved ones challenged by gender/sexual identity. Please find your local chapter on line.

416-406-1727(Toronto) office@pflagtoronto.org www.torontopflag.org

1-888-530-6777(Canada) www.pflagcanada.ca info@pflagcanada.ca

Rainbow Faith and Freedom

A global movement that confronts religious-based LGBTI discrimination and improves the human and equality rights of LGBTI people everywhere.

473 Church Street #327, Toronto, ON M4Y 2C5
833-791-1733 info@rainbowfaithandfreedom.org

Rainbow Health Ontario

Rainbow Health Ontario (RHO) is a province-wide program of Sherbourne Health that creates opportunities for the healthcare system to better serve LGBT2SQ communities. RHO offers training for healthcare providers across the province to feel more clinically and culturally competent in caring for their LGBT2SQ service users. RHO also supports system change by producing evidence-based print and web resources.

333 Sherbourne Street, Toronto, ON M5A 2S5
416-324-4100 www.rainbowhealthontario.ca

Salaam Canada

Salaam Canada is a volunteer-run national organization dedicated to creating space for people who identify as both Muslim and queer and trans. It offers supports and programs for those in the queer/trans Muslim community and advocates for social justice for members of this community. Salaam also provides refugee and settlement support in collaboration with The 519.

www.salaamcanada.info

Senior Pride Network (Toronto)

The SPN is an association of individuals and organizations committed to promoting appropriate services and a positive, caring environment for elders, seniors and older persons who identify as 2 Spirit, lesbian, gay, bisexual, transgender, transsexual, queer, intersex and other (2SLGBTQI+). Because of the diversity of 2SLGBTQI+ elders, seniors and older persons and their life experiences, the SPN advocates on their behalf, adopting an intersectional, anti-oppression and equity-seeking approach.

www.seniorpridenetwork.com

trans PULSE

The Trans Pulse Canada team is a majority-trans group of community and academic researchers from across Canada. Together they bring more than 180 person-years of experience on more than 80 community based research studies.

1-844-972-6772

info@transpulsecanada.ca

Toronto District School Board: Gender-Based Violence Office

This office works to promote healthy relationships and safe environments in schools. The office strives to prevent and address gender-based violence, homophobia, sexual harassment, and inappropriate behaviour by students towards other students in schools. It also implements violence prevention programs and plans throughout the Board.

www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention