



HOLY EUCHARIST
for the
Seventh Sunday
after Pentecost

St. John's
Anglican Church
West Toronto

July 7, 2024
10:00 am

* *The Land Acknowledgement is taken from A Liturgy for The National Indigenous Day of Prayer*
https://www.anglican.ca/wp-content/uploads/nidp-liturgy.pdf?fbclid=IwAR1oWVCmVyX1tQWadWWfd1e5PoGDI4bf_p77nxkedV50uBfllCO4BE2MUa8
Retrieved 2021 March 8.

Cover Image: *Seventy Disciples, Greek Manuscript Miniature, 15th c.*

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Service Music: Mass of St. Matthias, Francis Patrick O'Brien © 2010 ICEL, 2017 WLP

Readings: 2 Sam 5:1-5, 9-10; Ps 48; 2 Cor 12:2-10; Mk 6:1-13, NRSVUE

New around here? We're so glad to see you! Welcome to St. John's! We hope you are blessed today as we worship God together.

We invite you to stay for fellowship following our service or join us for education classes. If you have any questions about our congregation or the sermon, feel free to ask a member of the ministry team or to contact us another way. We're so glad you're here and hope to see you again.

PARTICIPANTS IN THE LITURGY

Celebrant & Preacher:	Mother Alexandra Stone
Intercessor:	Judith Olumbe
Lectors:	Anfernee Cadogan & Judith Olumbe
Organ & Piano:	John Stephenson
Vocals:	Alie Rutty
Technical Support:	Greg Los, Michael Taylor, Chris Rutty & Lisa Lin

PRELUDE

LAND ACKNOWLEDGEMENT*

Creator, you made all people of every land. It is our responsibility to give thanks and respect to those who first occupied this land we are upon. We give thanks to the Wendat, the Anishinaabe, the Mississauga of the Credit and the Haudenosaunee, the first people of this land.

We offer our respect to those ancestors who may be interred on this land. We are also thankful for the gifts of the People of the land. Creator let us be of Good Mind to reconcile the mistreatment of this land and to those who have been displaced.

With thankful and respectful hearts, we pray in Your name, Your Son the Peacemaker and the Sacred Spirit. **Amen.**

HYMN

Awake, My Soul, and with the Sun

CP 8

Awake, my soul, and with the sun
Thy daily stage of duty run;
Shake off dull sloth, and joyful rise
To pay thy morning sacrifice.

Redeem the misspent moments past,
And live this day as if thy last;
Improve thy talent with due care,
For the great day thyself prepare.

Let all thy converse be sincere,
Thy conscience as the noon-day clear:
Think how all-seeing God thy ways
And all thy secret thoughts surveys.

Wake, and lift up thyself, my heart,
And with the angels bear thy part,
Who all night long unwearied sing
High praise to the eternal King.

Words: Thomas Ken

Music: Tune MORNING HYMN, Melody François H. Barthélémon; harm. The Church Hymnal for the Church Year, 1917

OPENING PRAYERS

Celebrant: The grace of Jesus the Christ, and the love of God, and the companionship of the Holy Spirit be with you all.

All: And also with you.

Celebrant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Saviour. Amen.

COLLECT

Celebrant: Let us pray.

Almighty God, your Son Jesus Christ has taught us that what we do for the least of your children we do also for him. Give us the will to serve others as he was the servant of all, who gave up his life and died for us, but lives and reigns with you and the Holy Spirit, one God, now and for ever.

All: Amen.

FIRST READING

A reading from the second book of Samuel.

Then all the tribes of Israel came to David at Hebron and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you, 'It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel.'" "So all the elders of Israel came to the king at Hebron, and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months, and at Jerusalem he reigned over all Israel and Judah thirty-three years.

David occupied the stronghold and named it the city of David. David built the city all around from the Millo inward. And David became greater and greater, for the Lord of hosts was with him.

Reader: Listen for the leading of the Spirit.

All: **Thanks be to God.**

PSALM

The psalm is written in your bulletin. Let us read it responsively.

Great is our God, and highly to be praised; in whose city is the holy hill of God.

Beautiful and lofty, the joy of all the earth, is the hill of Zion, the very centre of the world and the city of the great sovereign.

God is in its citadels and is known to be its sure refuge.

Behold, the rulers of the earth assembled and marched forward together.

They looked and were astounded; they retreated and fled in terror.

Trembling seized them there; they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them.

As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God; God has established it for ever.

We have waited in silence on your loving-kindness, O God, in the midst of your temple.

Your praise, like your name, O God, reaches to the world's end; your hand is full of justice.

Let Mount Zion be glad and the cities of Judah rejoice, because of your judgements.

Make the circuit of Zion; walk round about it; count the number of its towers.

Consider well its bulwarks; examine its strongholds; that you may tell those who come after.

This God is our God for ever and ever, who shall be our guide for evermore.

SECOND READING

A reading from the Paul's second letter to the Church in Corinth.

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ, for whenever I am weak, then I am strong.

Reader: Listen for the leading of the Spirit.

All: Thanks be to God.

Please stand as you are able.

GRADUAL

Alleluia, alleluia, alleluia!

Alleluia, alleluia, alleluia!

[May repeat]

THE GOSPEL

Gospeller: May God be with you.

All: And also with you.

Gospeller: The Gospel of Jesus the Christ according to Mark.

All: Glory to you, Jesus the Christ.

Jesus left that place and came to his hometown, and his disciples followed him. On the Sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown and among their own kin and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff: no bread, no bag, no money in their belts, but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons and anointed with oil many who were sick and cured them.

Gospeller: The Gospel of Christ.

All: Praise to you, Jesus the Christ.

GRADUAL

Alleluia, alleluia, alleluia!

Alleluia, alleluia, alleluia!

SERMON

Please be seated for the sermon.

APOSTLES' CREED

Please stand as you are able.

Celebrant: I invite you now, as you are able, to join in confessing the faith of our baptism, as we say,

**All: I believe in God Almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Saviour.
He was conceived by the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF THE PEOPLE

Intercessor: Let us give thanks.

All: We praise and thank God.

CONFESSION AND ABSOLUTION

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to the table. Let us confess our sins confident in God's forgiveness.

Silence is kept

Celebrant: Most merciful God,

All: We confess that we have sinned against you in thought, word and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will and walk in your ways, to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus the Christ.

All: Amen.

THE PEACE

Celebrant: May the peace of Jesus the Christ be always with you.

All: And also with you.

We take a moment to share the peace.

The Celebration of the Eucharist

OFFERTORY

If you are able to make a contribution, we appreciate your generosity. Your offering makes it possible to continue our ministry here at St. John's.

If you would prefer to give online, please visit our website at www.sjwt.ca and look for the donate now button.



You are invited to come forward during the hymn and stand around the altar in a semicircle. You may remain there until everyone has received Communion.

HYMN

Jerusalem the Golden

CP 278

Jerusalem the golden,
with milk and honey blest,
beneath thy contemplation
sink heart and voice oppressed.
I know not, ah, I know not
what joys await us there,
what radiancy of glory,
what bliss beyond compare.

They stand, those halls of Zion,
all jubilant with song,
and bright with many angels,
and all the martyr throng;
The Christ is ever in them,
the daylight is serene;
the pastures of the blessed
are decked in glorious sheen.

There is the throne of David,
and there, from care released,
the shout of them that triumph,
the song of them that feast;
and they, who with their Leader
have fully run the race,
are robed in white for ever
before their Saviour's face.

O sweet and blessed country,
the home of God's elect!
O dear and future vision,
that eager hearts expect!
even now by faith we see thee
even here thy walls discern;
to thee our thoughts are kindled;
for thee our spirits yearn.

*Text: Bernard of Cluny; tr. John Mason Neale, Public Domain
Music: Alexander Ewing, Public Domain*

PRAYER OVER THE GIFTS

Celebrant: Let us pray.

All: God of heaven and earth, receive our sacrifice of praise, and strengthen us for the perfect freedom of your service, through our Saviour Jesus Christ. Amen.

EUCCHARISTIC PRAYER

Eucharistic Prayer 1

Celebrant: May God be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them up to God.

Celebrant: Let us give thanks to God our Creator.

All: It is right to give our thanks and praise.

Celebrant: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name:

**All: Holy, Holy, Holy, O God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of our God.
Hosanna, hosanna, hosanna in the highest.**

Celebrant: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim our hope.

**All: Dying you destroyed our death,
rising you restored our life.
Jesus, come in glory.**

Celebrant: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

All: Amen.

THE SAVIOUR'S PRAYER

Celebrant: Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

All: Abba, Amma, Beloved, your name be hallowed, your reign spread among us, your will be done well, at all times, in all places, on earth as in heaven. Give us the bread we need for today. Forgive us our sins as we forgive those who sin against us. Let us not fail in the time of our testing. Spare us from trials too sharp to endure. Free us from the grip of all evil powers. For yours is the reign, the power and the glory, the victory of love, for now and eternity, world without end. Amen and Amen.

THE BREAKING OF THE BREAD

Celebrant: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Celebrant: The gifts of God for the people of God.

All: Thanks be to God.

AGNUS DEI

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

COMMUNION

The Eucharistic feast is a participation in the Body and Blood of Christ. Receiving Communion is a sacramental means through which we reaffirm that we became part of Christ's one Body in our baptism.

The Anglican Church welcomes all Christians from any denomination to receive Communion.

Please speak to the priest after the service if you would like to discuss baptism or if you have any questions about the sacraments.

Those who do not wish to receive Communion at this time are welcome to come forward for a blessing. Please cross your arms over your chest to indicate that you wish to be blessed.

Gluten free hosts are available. Please let us know if you require one.

HYMN

I Sought the Lord

CP 547

I sought the Lord, and afterward I knew
He moved my soul to seek Him, seeking me;
it was not I that found, O Savior true;
no, I was found of Thee.

Thou didst reach forth Thy hand and mine enfold;
I walked and sank not on the storm-vexed sea;
'twas not so much that I on Thee took hold,
as Thou, dear Lord, on me.

I find, I walk, I love, but O, the whole
of love is but my answer, Lord, to Thee!
For Thou wert long beforehand with my soul,
always Thou lovedst me.

*Text: Holy Songs, Carols, and Sacred Ballads, Boston, 1880, alt.
Music: Tune FAITH, Harold J. Moyer © 1969 Faith and Life Press*

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

All: O God, may we who have shared in holy things never fail to serve you in your world, and so come to the fullness of joy, in the name of Jesus the Christ. Amen.

Celebrant: Glory to God,

All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, forever and ever. Amen.

BLESSING

CELEBRATIONS, NEEDS, REFLECTIONS

ANNOUNCEMENTS

Praise God from whom all blessings flow.

Praise God, all creatures high and low.

Praise God, in Jesus fully known.

Creator, Word and Spirit one.

CP 672

HYMN**How Firm a Foundation****CP 527****Tune: CP 393**

How firm a foundation, ye saints of the Lord,
is laid for your faith in God's excellent Word!
What more can be said than to you God hath said,
to you who for refuge to Jesus have fled?

"Fear not, I am with thee, O be not dismayed,
for I am thy God, and will still give thee aid;
I'll strengthen thee, help thee, and cause thee to stand,
upheld by my righteous, omnipotent hand.

"When through the deep waters I call thee to go,
the rivers of sorrow shall not overflow;
for I will be near thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

"When through fiery trials thy pathway shall lie,
my grace, all sufficient, shall be thy supply;
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

"The soul that on Jesus hath leaned for repose,
I will not, I will not desert to its foes;
that soul, though all hell should endeavor to shake,
I'll never, no, never, no, never forsake.

Text: John Rippon, called "K" in A Selection of Hymns 1787, alt.

Music: Tune ST. DENIO, Melody Welsh Trad.; adapt. John Roberts of Hellan, Caniadau y Cysser, 1939; harm. The English Hymnal, 1906

DISMISSAL

Celebrant: Followers of Jesus, inspired by the Holy Spirit, go and serve the world God Loves!

All: Thanks be to God!

POSTLUDE

WHAT'S *happening* This Week

Mon, July 8	Drop-In Dance Class (7 – 8:30 pm)
Tue, July 9	Morning Prayer (9:30 – 10 am)
Wed, July 10	Morning Prayer (9:30 – 10 am) Centering Prayer (10 – 10:30 am)
Thu, July 11	Morning Prayer (9:30 – 10 am) Holy Eucharist (12 – 12:30 pm) Bible Study (1 – 2 pm)
Sat, July 13	Food Drop-off (9:30 – 11:30 am) Coffee, Tea, and Creativity (10 am – 12 pm)
Sun, July 14	Holy Eucharist (10 – 11:15 am)

Building up for God!

The mission of St. John's Church is to build a community of caring believers committed to Christ, to work for justice and service to all in need. We gather to praise God, and to give and receive support to meet the challenges of our daily lives and ministries. We call on everyone to come and join us.

We are an accessible, accepting, diverse community. We are young and old, able-bodied, and disabled, employed and unemployed. We are married, single, divorced, straight, and LGBTQ2S+. We are from all over the world, yet we could live next door. You will find open minds and open hearts at St. John's.

Ministry Team:

The Rev. Alexandra Stone, *Interim Priest-in-Charge*
pastor@sjwt.ca 647-542-1467

The Rev. Evelyn Butler, *Deacon*

The Rev. Bob Shantz, *Honorary Assistant*

Management Team:

Andrea Rutty, *People's Warden*

Jennifer Jenkins, *Rector's Warden*

Wardens@sjwt.ca